

**Scottish Episcopal Linked Charges
of Wigtownshire**

**All Saints Church, Challoch
with St Ninian Fellowship**

**(situated on the A714 Newton Stewart to Girvan
Road**

approx 2 miles out of Newton Stewart)



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2020



Priest in Charge Vacancy at present.

THE PRESENT NORMAL!

The good news is that we have started to hold a service of the Eucharist on Sundays at 10.30 am. at All Saints. We are NOT able to have an early morning service or our monthly service at Whithorn, or Matins, We shall have one midweek service a month when we shall use the 1970 liturgy. This will be decided month on month usually to mark a Saint's day. The Sunday services are organised following the current guidelines from the Scottish Episcopal Church, our own government and the UK government. There is a very good video showing how to follow these on the SEC website which will give you an idea of what we are doing. It is called, Guide to the Eucharist.

At the present moment the services are being led by our own worship leaders using the Reserved Sacrament. Some of the clergy, including our own Stephen, who has pastoral responsibility for us, will come and take a service. The service is different from how we would wish. The congregation are not allowed to sing and we sit in family groups or at the correct distance. Each person has their own books in a plastic pouch which they will keep for their own use week on week. We do not exchange the Peace except by smiles and waves and only the bread is given at the altar. hands and anything used is sanitised. masks need not be worn in church but can be if you feel happier.

All very new and strange, BUT what is not new is the warm welcome we receive, the joy of being back together worshipping God in our own peaceful hallowed place and the support that enables us to go back out into our weekly lives restored and refreshed by receiving the sacrament ready for the challenges of an ever changing situation.

We are not able to take anyone home communion at the moment but Stephen is very willing to visit anyone who would like pastoral care and his details are in this news letter.

Gerry Ewan is doing a great job on our website and there are lots of links to Episcopal services both weekday and Sunday worship for anyone who cannot come to church at the moment. the website address is at the bottom of this letter. Who knows how the situation will change as the weeks go by but the main thing is that anyone who wants to know the latest arrangement at Challoch, or who needs any help can phone the Lay Representative on 01988 402550 and speak to me, or to any other member of All Saints. Please do not lose contact because we all need each other at the moment.

Veronica Almgill

Our New Bishop Zooms In:

The Galloway Regional Council met with Bishop Kevin and his wife Elspeth on 23rd July via the modern miracle of ZOOM which to some of us is less of a miracle and more of a conundrum. However the clergy and Lay Reps were able to hear from him as he told us about his journey from ordination through to his present appointment. We then advised him of both ourselves and our individual churches, which took rather along time. It is such a difficult time for him to arrive as he is still having to live in Oban because the alterations to Bishop's House are not complete and all, or most of Diocesan business is being conducted from people's homes. He and his wife had been planning to come down to stay for a week in Galloway so that he could come round and visit us all; this has had to be put on hold. The Wigtownshire Group of Churches have heard, quite by chance, that the present rectory is on the market and that some interest has been shown in it. This is thanks to Bishop Mark, the Primus, who got the thing in motion before he handed over to Bishop Kevin. Bishop Kevin did take on board that we had been in vacancy for coming up to three years and I think he will start to move things along, but this was only an impression. The new(ish) Diocesan Secretary conducted the session. The Lay Rep. from Stranraer, Anne MacWilliam complained about the poor communication from the Diocesan Office as we had not heard about the sale of the rectory officially. We agree! He apologised! Bishop Kevin then read a short passage of scripture and expounded on it a little. The session closed before we had had chance to glean any ideas for the future but in these uncertain times perhaps we just have to be patient and hopeful.

Veronica Almgill Lay Rep.

Both the newsletter and weekly pew sheet can be emailed direct to you rather than having a printed copy, If you would prefer this please contact Margaret Turner

Email: sandraturner4474@gmail.com

and both are available on our website

www.allsaintschalloch.com minus the Intercessions.

Meadowsweet, Queen of the Meadows

The queen of the meadows or *reine des pres* in French, with a froth of creamy white flowers in summer and is to be found lining burns and in damp meadows. Country names for meadowsweet include bride-wort, meadow wort or mead wort, courtship and matrimony, maid of the meadow or queen of the meadows. *Filipendula ulmeria* is a member of the rose family or *Rosacea*. It used to be classed with the bride-worts or *Spiraeas*, which probably accounts for the name bridewort, but the name is also apt for its creamy, flouncy, flowers, which unfortunately droop as soon as picked, so would not make good wedding decorations. Any plant with 'wort' in its name has herbal properties. An older name was mead sweet as it was sometimes used to flavour mead and an 18th century recipe suggests that adding it to mead transforms the flavour to that of the finest Greek wines.



'Courtship and matrimony' is thought to derive from the contrast between the honey sweet musky aroma of the flowers and the sharp carbolic scent of the leaves.

Meadowsweet was a popular strewing herb as Gerard says "The smell thereof makes the heart merrie, delighting the senses; and neither does it cause headache... as some other sweet herbs do". Culpeper was of the opinion that Meadowsweet could be used to dry the body out, stop bleeding, vomiting, diarrhoea and excessive menstruation. As a digestive aid, Meadowsweet soothes and protects the mucous membranes of the digestive tract and stomach lining whilst reducing acidity. Studies have found that Meadowsweet can also promote the healing of chronic ulcers and prevent lesions from developing in the stomach. Meadowsweet extract has also been shown in scientific research to inhibit the growth of the *Helicobacter pylori*

bacteria. It is used in the treatment of heartburn, hyperacidity, gastritis and peptic ulceration. Its gentle astringency is useful in treating diarrhoea, especially in children.

Meadowsweet has claims to fame, being, along with willow bark, a herbal remedy for the ague and other diseases of damp climates, but contained other factors which made it less harsh on the stomach lining than willow derivatives.. It was used with enough success to prompt the pharmaceutical company Bayer to isolate salicylic acid and synthesise acetylsalicylic acid which was far less bitter and more effective. Bayer named it Aspirin after the old Latin name of meadowsweet, *Spiraea ulmeria* in 1899.



Rosemary Green

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BUSINESS as USUAL

we PRAY ON !

Rev. Stephen Hazlett (Interim Priest) is available for all pastoral needs and prayer requests on 01557 620132 / 07900231360

stephen.hazlett@greyfriarsstmarys.org.uk

He will also visit emergency situations.

30th June 2020

Dear Friends in Glasgow and Galloway

This is my final communication as your Interim Bishop, and it is simply to say thank you to you all for making us feel so welcome. I have travelled across large parts of the diocese and even when the reason for meeting might have been to sort issues, you welcomed and supported me through it all.

I have visited wonderful places and joyful congregations, I have driven new roads and discovered unknown railways and stations. I think I now know the difference between Glasgow and all the other bits, and I no longer have to keep looking at a map!

I know you will welcome +Kevin and Elspeth and take them to your hearts and I am confident that the diocese will go from strength to strength.



So, thank you all go from strength to strength.

So, thank you all again, Jane and myself look forward to seeing you all at the Cathedral when we can gather and formally welcome +Kevin into his Diocese.

I finish with my blessing on you all:

*Deep Peace of the running wave to you,
Deep peace of the flowing air to you,
Deep peace quiet earth to you
Deep peace of the shining stars to you
Deep peace of the Son of Peace to you. Amen.*

Blessings
The Most Revd Mark Strange

+McR Moray: Primus

THE ROCK

You came molten red from the earth's core,
A long and difficult journey
Before you burst into the light,
You changed your form but your strength remained.
Beautiful, crystalline granite,
The strength of the hills.

I too have journeyed a long and difficult way.
I have changed but God has kept me strong.
My path is now smooth and gentle,
And I thank God for the love that surrounds me.

*Written by Liz Barfoot while attending a quiet day and thinking
about Souter's Croft built from the local granite hills*

Who's Who at Challoch

INTERIM PRIEST: Revd Stephen Hazlett tel. 01557620132

Mobile 07900231360 Email: stephen.hazlett@greyfriarsstmarys.org.uk

Lay Representative	Veronica Almgill
Alt, Lay Representative	Kathryn Ambler
People's Warden	Gill Gibson
Worship Leader/Pastoral & Eucharistic Assistant	Veronica Almgill
Worship Leader/Pastoral & Eucharistic Assistant	Gerry Ewan
Worship Leader/Eucharistic Assistant	Jenni Gray
Worship Leader/Pastoral & Eucharistic Assistant/Sacristan	Rosemary Green
Worship Leader/Eucharistic Assistant	Margaret Turner
Worship Leader/Pastoral & Eucharistic Assistant	Anne Yate
Eucharistic Assistant	Janet Hughes
Sacristan/ Vestry Member	Brenda Brookes
Sacristan	Julie Obey
Treasurer	Paul Ewan
Vestry Secretary	Jenni Gray
Gift Aid Secretary	Jackie Shuttleworth
Child Protection & Vulnerable Adults	Anne Yate
Cleaning Coordinator/Vestry Member	Lynne Wright
Flower Organiser	Anne Yate